

Parklands Term 1 LUNCH MENU

EAT WELL - FEEL BETTER - LEARN MORE

Monday

Tuesday

Wednesday

Thursday

Friday

Hot Red

Homemade
Pepperoni Pizza

Served with Potato
Crunchies and
Fresh Mixed Salad

Homemade
Chinese Chicken
with Broccoli

Served with
Egg Fried Rice

Butcher's Sausage

Served with
Sweet Potato Mash,
Sweetcorn and Gravy

Homemade
Lasagna

Served with
Fresh Mixed Salad

Oven Baked
Jumbo Fish Finger

Served with
Oven baked
Skin on Fries
and Baked Beans

Hot Green
Vegetarian

Homemade
Margaritta pizza

Served with Potato
Crunchies and
Fresh Mixed Salad

Homemade
Red Lentil Dahl

Served with
Steamed Rice and
Broccoli

Quorn Sausages

Served with
Sweet Potato Mash,
Sweetcorn and Gravy

Homemade
Pasta Bolognaise

Served with
Seasonal Vegetables

Vegan Quorn
Nuggets

Served with
Oven baked
Skin on Fries
and Baked Beans

Sandwich
Option

Freshly Made Roll Available Every Day

with a choice of sliced Gammon Ham or Cheddar Cheese

Served with a selection of Salad Items from the Salad Bar

Homemade
Dessert

Selection of
Fresh Fruit or
Yoghurt

Chocolate Brownie

Fresh Fruit
Yoghurt

Sticky Toffee
Pudding

Fresh Fruit
Yoghurt

Fruit Flapjack

Fresh Fruit
Yoghurt

Marshfield
Ice cream Pot

Fresh Fruit
Yoghurt

Contact the Office for all Dietary and Allergy related questions.