Parklands Term 2 DF

LUNCH MENU

EAT WELL - FEEL BETTER - LEARN MORE





Tasty

Nutritious

Delicious

Fresh

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Red		All Day Breakfast Served with Butchers' sausage, bacon, Hash Brown and Beans	Roast Chicken Served with Roast Potatoes, Stuffing, Seasonal Vegetables, Gravy	Cottage Pie Topped with Sweet Potato Mash Served with Broccoli	Oven Baked Fish Fillet Served with Potato Crunchies and Peas
Hot Green Vegetarian	Bean or Vegan Cheese Jacket Potato Fresh Mixed Salad	Veggie Breakfast Served with Quorn sausages, Hash Brown and Beans		Chilli non carne Served with Steamed Rice and Broccoli	Vegetable Burger Served with Potato Crunchies and Peas
Sandwich Option	Freshly Baked Wholemeal Baguette Available Every Day with a choice of sliced Gammon Ham or Vegan Cheese Served with a selection of Salad Items from the Salad Bar				
Homemade Dessert	Selection of Fresh Fruit or DF Yoghurt	Selection of Fresh Fruit or DF Yoghurt	Chocolate Cookie Fresh Fruit DF Yoghurt	Sprinkle Cake Fresh Fruit DF Yoghurt	Marshfield Plant Based Ice cream Fresh Fruit DF Yoghurt





Contact the Office for all Dietary and Allergy related questions.

Educate Together Academy Trust