Parklands Term 2

LUNCH MENU

EAT WELL - FEEL BETTER - LEARN MORE





Tasty

Nutritious

Delicious

Fresh

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Red	Tuna Mayo Jacket Potato Fresh Mixed Salad	All Day Breakfast Served with Butchers' sausage, bacon, Hash Brown and Beans	Roast Chicken Served with Roast Potatoes, Stuffing, Seasonal Vegetables, Gravy	Cottage Pie Topped with Sweet Potato Mash Served with Broccoli	Oven Baked Fish Fillet Served with Potato Crunchies and Peas
Hot Green Vegetarian	Bean or Cheese Jacket Potato Fresh Mixed Salad	Veggie Breakfast Served with Quorn sausages, Hash Brown and Beans	Maccaroni Cheese Served with Fresh Salad and Garlic Bread	Chilli non carne Served with Steamed Rice and Broccoli	Vegetable Burger Served with Potato Crunchies and Peas
Sandwich Option	Freshly Baked Wholemeal Baguette Available Every Day with a choice of sliced Gammon Ham or Cheddar Cheese Served with a selection of Salad Items from the Salad Bar				
Homemade Dessert	Selection of Fresh Fruit or Yoghurt	Selection of Fresh Fruit or Yoghurt	Chocolate Cookie Fresh Fruit Yoghurt	Sprinkle Cake Fresh Fruit Yoghurt	Marshfield Ice cream Pot Fresh Fruit Yoghurt





Contact the Office for all Dietary and Allergy related questions.

Educate Together Academy Trust