

Parklands Term 3

LUNCH MENU

EAT WELL - FEEL BETTER - LEARN MORE

Monday

Tuesday

Wednesday

Thursday

Friday

Hot Red

Homemade
Chicken Pasta Bake

Served with
Seasonal
Vegetables

Homemade
Beef Taco

Served with
Steamed Rice and
Sweetcorn

All Day Brunch

Served with
Bacon, Sausage,
Beans and Hash
Brown

Homemade
Steak and Potato Pie

Served With
Baby Carrots and
Gravy

Jumbo Fish Finger

Served with
Oven Fries
and Peas

Hot Green
Vegetarian

Homemade
Cheese and Tomato
Pasta

Served with
Seasonal
Vegetables

Homemade
Mild Chilli non
Carne

Served Steamed
Rice and Sweetcorn

All Day Veggie Brunch

Served with
Sausage, Beans
and Hash Brown

Homemade
Pizza Pinwheels

Served with
Baby Carrots and
Fresh Salad

Homemade
Cauliflower and
Broccoli Cheese
Bake

Served with
Oven Fries and Peas

Jacket
Option

Freshly Baked Jacket Potato Available Every Day

with a choice of Baked Beans, Cheese or Tuna Mayonnaise

Served with a selection of Salad Items from the Salad Bar

Dessert

Pancakes and Fruit
Salad
Fresh Fruit
Yoghurt

Homemade
Raspberry Marble
Cake
Fresh Fruit
Yoghurt

Homemade
Cherry Flapjack
Fresh Fruit
Yoghurt

Homemade
Cinnamon Biscuit
Fresh Fruit
Yoghurt

Ice cream Pot
Fresh Fruit
Yoghurt

Tasty

Nutritious

Delicious

Fresh

Contact the Office for all Dietary and Allergy related questions.