

Parklands Term 5 Halal LUNCH MENU

EAT WELL - FEEL BETTER - LEARN MORE



Tasty

Nutritious

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------|---|--|--|--|--|
| Hot Red | <p>Homemade Pizza Square</p> <p>Served with Onion Rings and Sweetcorn</p> | <p>Homemade Halal Beef Lasagna</p> <p>Served with Fresh Salad</p> | <p>Halal Chicken Sausage</p> <p>Served with Mashed Potato, Yorkshire pudding, Seasonal Vegetables</p> | <p>Homemade Mild Halal Chicken Curry</p> <p>Served With Steamed Rice and Green Beans</p> | <p>Jumbo Fish Finger</p> <p>Served with Potato Crunchies and Peas</p> |
| Hot Green Vegetarian | <p>Homemade Tomato and Pesto Gnocchi</p> <p>Served with Fresh mixed salad</p> | <p>Homemade Seven Veg Pasta</p> <p>Served with Fresh Salad</p> | <p>Veggie Sausage</p> <p>Served with Mashed Potato, Yorkshire pudding, Seasonal Vegetables and Gravy</p> | <p>Homemade Samosa Puff</p> <p>Served with Steamed rice and Green Beans</p> | <p>Vegan Fishless Fingers</p> <p>Served with Potato Crunchies and Peas</p> |
| Sandwich Option | <p>Freshly Baked Baguettes Available Every Day with a choice of sliced Gammon Ham or Cheddar Cheese Served with a selection of Salad Items from the Salad Bar</p> | | | | |
| Dessert | <p>Homemade Summer Fruit Flapjack</p> <p>Fresh Fruit</p> <p>Yoghurt</p> | <p>Homemade Chocolate Crunch</p> <p>Fresh Fruit</p> <p>Yoghurt</p> | <p>Homemade Jam and Coconut Cake</p> <p>Fresh Fruit</p> <p>Yoghurt</p> | <p>Homemade Fruit Slice</p> <p>Fresh Fruit</p> <p>Yoghurt</p> | <p>Ice cream Pot</p> <p>Fresh Fruit</p> <p>Yoghurt</p> |

Delicious

Fresh

