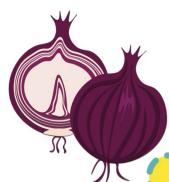
Parklands Dairy Free Term 5



LUNCH MENU

EAT WELL - FEEL BETTER - LEARN MORE



YUM!

_
2
0
#
2
0

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Homemade Pepperoni Pizza with Vegan Cheese Served with

Onion Rings & Salad

MONDAY

Mild Chilli con carne

Homemade

Served with Basmati Rice & Broccoli

Homemade Sausage Roll

Served with

Potato Wedges & **Green Beans**

Homemade Chicken and Bacon Pasta Bake

> Served with **Baby Carrots**

Battered Cod Fillet or Haddock Fishcake Served with Potato Cubes &

Beans



Vegetarian Option

Jacket Potato Topped with Vegan Cheese or Tuna Served with Onion Rings & Salad

Homemade Vegetarian Chicken Korma Served with Basmati Rice & Broccoli

Homemade **Pinwheels** Served with

Potato Wedges & Green Beans

Homemade Red Pesto and Vegan Cheese Pasta

Served with

Baby Carrots

Chicken style **Veggie Nuggets**

Served With

Potato Cubes &

Beans

Fresh Roll Option

Tortilla wraps with choice of Ham or Vegan Cheese Onion Rings & Salad

Tortilla Wrap with choice of

SF Chicken or Vegan Cheese

Basmati Rice & Broccoli

Tortilla Wrap with choice of

Turkey or Vegan Cheese

Potato Wedges and

Tortilla wraps with choice of

Meatball or Vegan Cheese

Nachos & Baby

Tortilla Wrap with choice of

Ham or Vegan Cheese

Potato Cubes & **Beans**

Dessert

Peach Cake Slice Fresh fruit

Chocolate Shortbread Fresh fruit **Cup Cakes**

Fresh fruit

Mixed Fruit Bowls

Fresh fruit

Dairy Free Marshfield Ice-cream

Fresh fruit

